



COUNTYWIDE FITNESS CHALLENGE 2016



Parks
Make
Life
Better!

MAKE A SPLASH!

Visit this great location for some water fun!

KAYAKING*
PADDLE BOARDS*
3K HIKE TO A LOOKOUT
5K RUN
VOLLEYBALL
HORSESHOE GAMES
HEALTHY SNACKS
GIVEAWAYS
PICNIC AREA

Castaic Lake State Recreation Area

Paradise Cove, Lower Lake
32132 Castaic Lake Drive
Castaic, CA 91384
5th Supervisorial District

Saturday, June 18, 2016
8:00 a.m. – Noon

*Kayaks & Paddle Boards will be provided

RSVP to secure your giveaways at
<http://employee.hr.lacounty.gov/countywide-fitness-challenge-2/>

